

Ingredients

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onion (57%), breadcrumbs (WHEAT flour, salt, yeast) (16%), WHEAT flour, palm oil, water, WHEAT fibre, WHEAT starch, salt, rice flour, gelling agent (E401), stabiliser (E339, E415, E466).

Allergens

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Cereals containing gluten

Nutritional Values

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Nutrition	Per 100 g
Energy	833 kJ (199 kcal)
Protein	3.7g
Total Carbohydrate	26g
Sugars	4.3g
Total Fat	8.3g
Saturated Fat	3.7g
Dietary Fiber	3.3g
Sodium	0.63g